

## **No Blame Approach Training: Role Play Angela**

This is a sample of a role play for the No Blame Approach training dealing with a case of cyberbullying. It includes a description of the situation and a short characterization of the involved students and can be used for the role play meeting with the affected student (role play 1) and meeting with the support group (role play 2).

*Instruction for implementation:* Distribute copies of the situation to the role players in the first role play who represent the teacher and the student. Allow the teacher to take some time (appr. 5 min.) to prepare the meeting and review the guideline. The observers will receive an evaluation sheet.

### 1) Role description and situation for the role play: meeting with the affected student:

Angela, 15, is the victim of a cyber bullying attack: "We hate Angela". For a whole week she didn't know about the site but then discovered it. So many nasty things about her, things that she didn't do or think. She was accused of always lying, of talking behind the back of her friends or trying to flirt with the boy friends of other girls. The site even holds her responsible for the breakup of a relationship. Angela is hurt and desperate. Now she understands why the others have acted so strangely during the last week. She has the feeling that the whole world knows about the site and doesn't want to go to school anymore. But she has a suspicion who might be responsible for the site.

Her teacher noticed that something is wrong and the usual friendly tone in class has changed and that Angela was excluded by others. He/she invites her to talk to her.

*Instruction for implementation:* Each participating role player will receive a copy of the description of the situation plus only his/her individual role instruction, all other role characterizations will be deleted. The observers will receive an evaluation sheet. Also, follow detailed instructions for the preparation of the role play on the pages: "Meeting with the support group".

### 2) Role descriptions and situation for the role play: meeting with the support group:

Angela, 15, is the victim of a cyber bullying attack: "We hate Angela". For a whole week she didn't know about the site but then discovered it. So many nasty things about her, things that she didn't do or think. She was accused of always lying, of talking behind the back of her friends or trying to flirt with the boy friends of other girls. The site even holds her responsible for the breakup of a relationship. Angela is hurt and desperate. Now she understands why the others have acted so strangely during the last week. She has the feeling that the whole world knows about the site and doesn't want to go to school anymore. But she has a suspicion who might be responsible for the site.

Roles: Bully and assistants

Leader

You think that Angela deserves a lesson. She is too arrogant and always knows better. So you decided to give her a hard time by creating the site: We hate Angela. And you think that it is really funny how many people believe the rumours.

Colluder 1:

You have nothing against Angela personally but you support the activities of the leader. You admire him/her but are astonished how quick the other students turn against Angela.

Colluder 2:

You also think that Angela is too arrogant and should get a lesson. But this is going really far and after a few days you feel uncomfortable. But you don't have the courage to contradict the leader.

Colluder 3

Some time ago you were the victim of harassment in class. So, this time someone else is affected and you are glad that it is not you again.

Roles: friendly students

Angela's friend

You didn't know about the website: We hate Angela. You are very upset and think that the offenders should be punished, Angela told you about her suspicion. But during the meeting you understand the intention of the teacher.

Supportive student 1

In the beginning you don't know exactly why you have been invited but you assume that it has something to do with Angela. You are not into these gossip issues but of course you have noticed that something is going on. Normally you try to stay out of conflicts but cyberbullying goes too far.

Supportive student 2

You are not close to Angela but when you saw the site you were shocked. She is not such a terrible person and cyberbullying someone is so mean. But you felt helpless before and didn't know who was responsible for it.

Supportive student 3

You are one of the students who integrate others with a lot of social skills but when it comes to cyberbullying you don't know what to do. Also – nobody knew the offender.