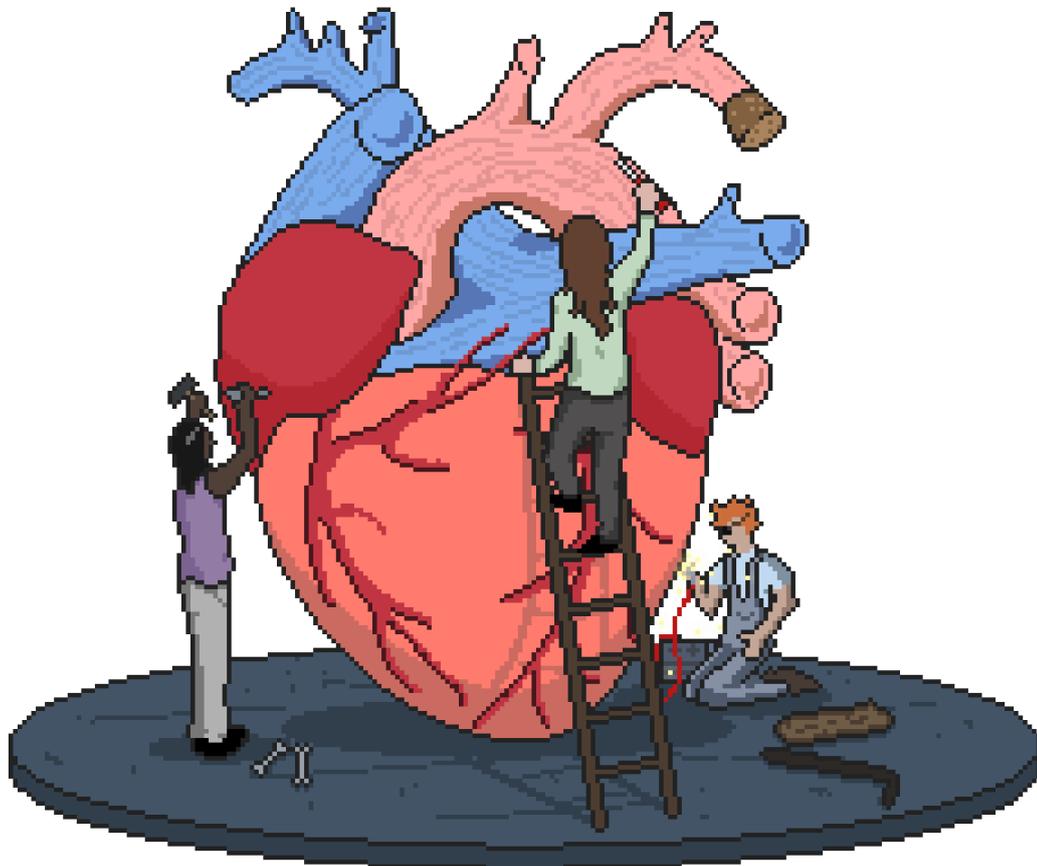


## YOUTH EXCHANGE

# “True Love - Real Utopia: Changing me. Changing us”

Weimar, Germany | 13<sup>th</sup> – 18<sup>th</sup> of March 2022



## PROJECT DESCRIPTION

“True Love – Real Utopia?” is a community of discoverers who tries to understand the magic of love: Together we explore, who different people practice love and what we ourselves are seeking for. We speak with experts about the psychology of relationships and gather tools for good communication. We learn about the role of media and society for our own love life and what we can actually do, to have as much true love in our lives as possible!

“True Love - Real Utopia? Changing me. Changing us” emerged as a project from the earlier project 'True Love - Real Utopia? 1968 revisited'. A group of motivated youth leaders, together with facilitators from the previous project, continue to work on the complex themes of love, sexuality, relationships and their social impact. Discussion of the topics of love and sexuality is to be taken out of the "private sphere" and made the subject of educational and discussion proposals.

In November – December 2021 an Online Campus (<https://true-love.org/>) was held, where participants were invited to discover together with us a universe of love, relationship and sexuality. They entered the virtual True Love world within WorkAdventure tool, tested their knowledge and discovered new perspectives. Next project step is residential Youth Exchange in Weimar, and we are happy to explore the topic of love together with you even deeper.

During the Youth Exchange we will:

- Work out together what connections there are between the topic of love and politics;
- Think about the meaning of love in our own lives and which wishes we have for the future;
- Discuss why love has become and can become a topic of social movements;
- Reflect on our own needs, ideas and values;
- Look at social utopias in the context of historical and contemporary political visions and social movements;
- Learn tools to shape our own love life in a beneficial way.

You will have the opportunity to propose, develop and implement your own theme with the support of the group. Feel free to share with us the materials, inspirations or ideas! You can reach us via [hello@true-love.org](mailto:hello@true-love.org)

To give you a full picture of the “True Love - Real Utopia? Changing me. Changing us” project, below you can find out what stages it consists of:

- **Activity 1:** Online concept workshops (spring - autumn 2021)
- **Activity 2.1:** Online Campus (19th of November – 19th of December 2021)
- **Activity 2.2: International Youth Exchange in Weimar, Germany (13th – 18th of March 2022)**
- **Activity 3:** Shaping future workshop in Naples, Italy (autumn 2022)

You can check Online Campus materials here: <https://true-love.org/>. Furthermore you can learn more about the project background, aims and the team in the "Hab ich das laut gesagt?" podcast episode (available in German language):

<https://open.spotify.com/episode/76Cn4ruxCIE3CTxAvDAUKb?si=L8FHqQRFQd2lidfIofG8Q&nd=1>

<https://www.deezer.com/de/show/1421872>

<https://www.stitcher.com/podcast/hab-ich-das-laut-gesagt>

## PARTNERS INVOLVED

1	France	Hors Pistes
2	Italy	ARCIRAGAZZI Portici “Utopia Attanasio”
3	Slovenia	Socialna akademija – zavod za izobraževanje, raziskovanje in kulturo
4	Portugal	UMAR - União de Mulheres Alternativa e Resposta
5	Germany	Stiftung Europäische Jugendbildungs- und Jugendbegegnungsstätte Weimar

## PROFILE OF PARTICIPANTS:

Participants are **7 young people** aged 18-25 years old (exceptions to be agreed on) accompanied with **1 Youth Leader** from the participating organization. We expect participants to be familiar with the Online Campus materials, but this is not a prerequisite.

## TRAVEL COSTS

We will reimburse the travel costs on the basis of the cheapest possibilities, e.g. second class railway tickets, APEX-flights etc., within the provided limit, from their place of origin to the venue of the activity and return, accompanied **ONLY by original and/or electronic documents** (tickets, invoices, bookings, boarding passes etc.). There is a travel budget limit per person for the Youth Exchange from hometown to Weimar and back including **COVID-19 testing** and **travel and/or Covid insurance costs** as visible below.

Furthermore a **financial contribution** from each participant is required upon individual situation & decision:

- Reduced fee 25,00 €
- Standard fee 50,00 €
- Solidarity fee 75,00 €

	Country	Partner organisation	Number of participants	Max. travel cost per person
1	France	Hors Pistes	8	275€
2	Italy	ARCIRAGAZZI Portici "Utopia Attanasio"	8	275€
3	Slovenia	Socialna akademija – zavod za izobraževanje, raziskovanje in kulturo	8	275€
4	Portugal	UMAR - União de Mulheres Alternativa e Resposta	8	275€
5	Germany	Stiftung Europäische Jugendbildungs- und Jugendbegegnungsstätte Weimar	12 (include. team)	upon request

## NOTE TO GROUP LEADERS & PROJECT PARTNERS:

We kindly ask the partner organisations to provide **ONE account for travel reimbursement** (e.g. organisation's account) to make the travel reimbursement easier and faster. Individual travel reimbursement to single participants is not foreseen.

Please take in consideration, that we can use money which we did not spend on travel reimbursements also for excursion and additional activities – booking tickets early helps us to add new offers to our program.

The participation fee ("reduced", "standard" or "solidarity") can be paid in the following two ways: rather in **cash during reception & registration on the arrival day OR beforehand by bank transfer** to the following account:

Stiftung EJBW  
 IBAN: DE80 8205 1000 0301 0250 02  
 BIC: HELADEF1WEM Sparkasse Mittelthüringen  
 Subject: 9\_2028\_Country\_Name(s)

**Please note: The amount cannot be reduced from the travel cost reimbursement. Please inform us in advance which of the both mentioned options you are planning to use AND if you are paying as a group, as individual or as an organization.**

## ENTRY REQUIREMENTS

General information about travelling in Europe can be found at the EU's [Reopen EU](#) website, but please note that this page is not as often updated as pages below.

Information about recognized vaccines can be found here: <https://www.ema.europa.eu/en/human-regulatory/overview/public-health-threats/coronavirus-disease-covid-19/treatments-vaccines/covid-19-vaccines>. Please note, that at this stage there are five recognized vaccines to enter Germany. Entry to Germany is exclusively permitted with these five vaccines and with full vaccination status. <https://www.pei.de/EN/medicinal-products/vaccines-human/covid-19/covid-19-node.html> (02.02.2022)

**When planning and preparing for your travel, we strongly recommend informing yourself carefully about the latest developments and regulations. Information on entry restrictions in Germany can be found here:**

<https://www.bundesgesundheitsministerium.de/en/coronavirus/infos-reisende/faq-tests-einreisende.html>

As of 1 August 2021, risk areas distinguish between two categories: high-risk areas and areas of variants of concern. Even before entering Germany, you must carry out a digital registration on entry if, at any time in the ten days prior to your entry, you spent time in an area classified as **a high-risk area or an area of variants of concern** at the time of your entry. Please enter information on the places you stayed over the previous 10 days on the <https://einreiseanmeldung.de> travel portal and you will be notified whether a registration form is needed. After filling in all of the necessary information, you will receive a PDF file as confirmation.

Be ready to upload relevant documents (**a negative COVID-19 test result and/or proof of vaccination or recovery from an infection**). Please also check the kind of test required (PCR, PoC- PCR or antigen rapid test) and how many hours prior to entry the test should be carried out in your case. Take into consideration that additional stopovers for more than 24 hours in other countries before your arrival in Germany may influence the regulations. **Proof of immunity acquired through previous infection with the SARS-CoV-2 coronavirus (recovery)** should be issued in written or digital form in German, English, French, Italian or Spanish. The proof must comply with the requirements published on the internet by the Robert Koch Institute at [www.rki.de/covid-19-genesenennachweis](http://www.rki.de/covid-19-genesenennachweis) and for now (02.02.2022) is valid only for 90 days.

<https://einreiseanmeldung.de/>

<https://www.auswaertiges-amt.de/en/visa-service/EinreiseUndAufenthalt>

We also strongly recommend you to check **the (back) entry requirements of your country**, and find out if a negative COVID-19 test result is needed on return. Please inform us in advance when the test is needed (48/72 hours before entry), so we can ensure you access to testing services on the spot.

### **Please note:**

*Travelling happens at individual risk. **We therefore cannot guarantee any accommodation on the spot for expected or non-expected individual / group quarantine / isolation regulations rather before or after the event.** Therefore as a part of your planning and preparation, please make sure that your travel insurance covers COVID-19 related situations and expenses, and advance it if necessary. Having travel insurance has been proven to help travelers with financial support and comfort to continue their journey without worries. We will not be able to cover any of those expenses should there be any delays, travel changes or quarantine related costs.*

## EJBW SAFETY MEASURES

EJBW and its cooperation partners will ensure that safety and hygienic measures needed in relation to Covid-19 pandemic are in place during the activity. In activities, we use facemasks and safety distance, or the safety guidelines, which are valid at the time of the event at the respective place of activity. EJBW will follow and apply all COVID-19 health and safety guidelines by the German / national government, health departments, federal states and regional governments, which are valid by the time of the event.

The "traffic light system" provides a framework for the operation of educational institutions in the region. Three-stage plan depending on COVID-19 outbreaks

1. Regular operation with preventive infection control (GREEN)
2. Restricted operation with increased infection control (YELLOW)
3. Order of a protective measure according to §28 1/2 IfSG (RED)

**According to this three stages plan several safety regulations are in place. Please take into consideration:**

The so-called "**3 G rule**" applies in the EJBW, means: please note that if you are not **fully vaccinated or recovered**, you will need to show a **negative Corona rapid test on arrival**. This test must have been carried out by a recognised test centre (no self-test) and must not be older than 48 hours. If you are vaccinated or recovered, please remember to bring proof of this with you. Also, please bring enough **suitable masks (mouth-nose protection)**.

The current **hygiene rules** of the EJBW can be found here <https://ejbweimar.de/de/aktuell/artikel/corona-update/>. Persons who show symptoms (fever and/or newly developed coughing and/or sore throat and/or shortness of breath and/or acute loss of sense of taste or smell, rhinitis in combination with other symptoms of an acute illness) **are not allowed to enter the EJBW**. If you should show these symptoms, please do not start your journey and inform us immediately.

## CHECK LIST FOR TRAVEL REIMBURSEMENT

### Train/Bus tickets

It is important that the **arrival and departure times** as well as **the price** are visible (+invoices if available).

**Regular air tickets** must be accompanied:

- by the **original invoice** (signed and stamped)/receipt/pay order/proof of payment;
- the **boarding pass** (the small ticket stub you receive before boarding the plane);
- the **price** stated in the invoices, receipts etc. must **coincide** with the price on the ticket.

**E-Tickets** must be:

- **printed out** and include your **name , the exact fare you paid, details of your flight**;
- given with regular or electronical **boarding pass** (be sure to save your electronical boarding pass in advance).

### Travel and/or Covid insurance costs

- the original invoice (signed and stamped)/receipt/pay order/proof of payment;

### COVID-19 test costs

- the original invoice (signed and stamped)/receipt/pay order/proof of payment;

**NOTE:** Some airlines print "passenger receipt" at the top of the cardboard ticket. It is not accepted as a receipt of the proof of payment. Therefore, if you book your tickets online, please, make sure to print out the e-mail you receive from the airline company upon the payment, stating how much and how you paid.

### Other important details:

- Missing or lost tickets/original invoices are not reimbursed.
- Tickets booking paper alone is not enough.
- Any **costs for taxi are not reimbursed**.
- Return tickets must be bought in advance before the journey.

Following the guidelines of the program and internal regulations, the travel must be released by the participants on the direct way within maximum 2 days. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs!

Reimbursement is done in Euro.

**After the event** please send us back all your complete travel documents **in ORIGINAL** by post mail as well as your bank account details (name of account holder, name of the bank, IBAN code, BIC/SWIFT code, proven by a bank document) to:

**Europäische Jugendbildungs- und  
Jugendbegegnungsstätte WEIMAR (EJBW)  
Markus Rebitschek  
Jenaer Str. 2/4  
D-99425 Weimar  
Germany**

## **TRAVELLING TO WEIMAR and EJBW**

### **By Train:**

Please use Deutsche Bahn (German railway) connections to travel abroad and within Germany. You can reach Weimar from any city here: <https://www.bahn.com/en/view/index.shtml>

### **By Bus:**

Check the best option from your location to Weimar or use FLIXBUS [www.flixbus.com](http://www.flixbus.com) to reach the place. You can also check for alternative connections via Go Euro web-site: [www.goeuro.com](http://www.goeuro.com)

### **By Car:**

From the A4 motorway take the exit to "Apolda". Follow the B87 in the direction of Apolda until you reach the main traffic lights at Umpferstedt. Turn left towards Weimar on the B7 and follow the road into Weimar until you reach us on the Jenaer Straße.

### **By Airplane:**

The best option to come to Weimar by plane is to use the airports Berlin or Frankfurt. From there you can take direct trains or buses to Weimar. The cheapest flights you can check via [www.skyscanner.com](http://www.skyscanner.com)

Train connection: DB Berlin or Frankfurt – Weimar Hauptbahnhof  
<https://www.bahn.com/en/view/index.shtml>

Bus connection: Berlin or Frankfurt Airport/Central Bus station – Weimar Hauptbahnhof (use FLIXBUS [www.flixbus.com](http://www.flixbus.com))

**NOTE:** Please consider using more sustainable forms of travelling such as train and bus. European and North American societies already consume double or triple of the resources nature can reproduce. Showing respect to the natural basis of human life by choosing train, bus or ride sharing can offer you quality time, getting to know other people and a more fulfilling connection to the place where you are.

## IN WEIMAR

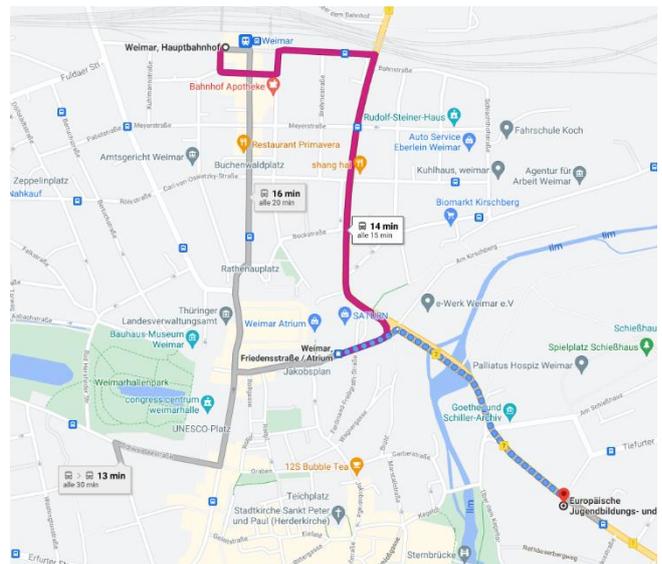
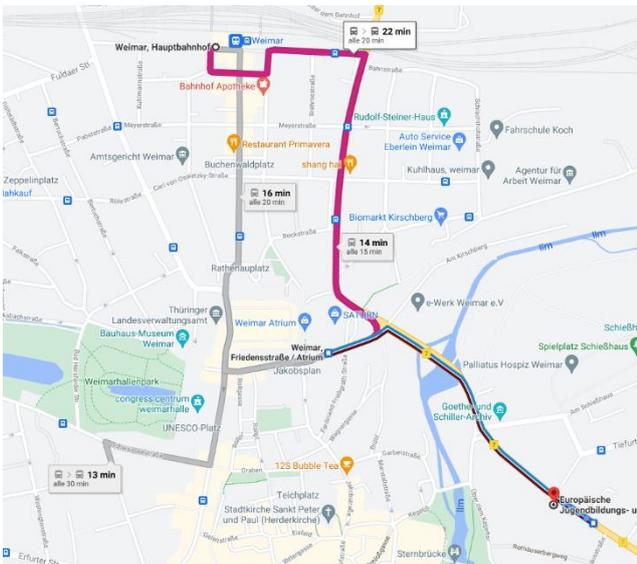
**After arrival at the main train station:** take bus no. 1 (direction: Ehringsdorf) from outside the railway station to the bus stop “Friedensstraße / Atrium” – change (cross the road and change the direction) to bus no. 2 (direction: Bodelschwinghstraße) or bus no. 9 (direction: Süßenborn) and disembark at the bus stop “Hellerweg / EJBW”.

Single fare – 2,20 Euro

Single fare (4-ticket-set) - 7,90 Euro

1-day ticket – 5,50 Euro

Alternatively, you can just take bus no. 1 (direction: Ehringsdorf) from outside the railway station to the bus stop “Friedensstraße / Atrium” and follow the main road (Jenaer Straße) uphill for approx. 800 m and enter the area of EJBW at your right.



## ACCOMMODATION IN WEIMAR

During the Youth Exchange, we will stay in the facilities of the Stiftung Europäische Jugendbildungs- und Jugendbegegnungsstätte Weimar (Foundation “European Youth Education and Meeting Centre in Weimar, EJBW).

The facilities include:

- 162 beds in single, two and three bed rooms with shower and toilet;
- 15 modern, fully-equipped seminar rooms;
- Elegant fireside room;
- Sports facilities and playground;
- WIFI on the whole area.

**Please bring your own towel(s)!**

**Check-in time – 15:00**

**Check-out time – 09:00**

<http://www.ejbweimar.de/>



**Program of the Youth Exchange (Weimar, 13. – 18.03.2022)** (Please, note, there may be slight modifications and changes in the existing program)

	Sun, 13.03.2022	Mon, 14.03.2022	Tue, 15.03.2022	Wed, 16.03.2022	Thu, 17.03.2022	Fri, 18.03.2022
8.00 – 9.00	Arrival	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
9.00 – 12.30		<b>Program &amp; Getting to know: Building Relations</b>	<b>Workshop Phase 1 (hole day)</b> <i>E.g.: History of Love, What makes flirting a challenge, Self-Love</i>	<b>Input/Inspiration (guests) *</b> <i>E.g.: open relationships, asexuality, transpeople, cuddling parties, BDSM</i>	<b>Workshop Phase 2</b> <i>E.g.: can love be racist?, gender roles in contraception, how work influences relationships &amp; sex ...</i>	Departure
12.30 – 14.00		<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
14.00 – 17.30		<b>Diving into the topic</b> <i>Definitions of Love, what love means in our lives</i>	<b>(continuation from morning)</b>	<b>Informal Offers *</b> <i>E.g.: bouldering/climbing, swimming, Weimar / Bauhaus tour, guided yoga/pilates, meditation, ...</i>	<b>Personal TakeAways</b> <i>Project Reflection, Harvesting of own learnings</i>	
17.30 – 18.30		<b>Home Groups</b>	<b>Home Groups</b>	<b>Home Groups</b>	<b>Closing, Feedback</b>	
18.30 – 19.45	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>		
19.45 – 21.00		<b>Gamification</b>		<b>Evening Talk</b> <i>E.g. presentation by a relationship &amp; sex therapist</i>	<b>Bonfire</b>	

\* open for contributions of participant

### PROJECT PARTNERS

France



Italy



Germany



Slovenia



Portugal



### FUNDING



Youth Exchange

## “True Love - Real Utopia: Changing me. Changing us”

13<sup>th</sup> – 18<sup>th</sup> of March 2022 (Weimar, Germany)

Stiftung »Europäische Jugendbildungs- und Jugendbegegnungsstätte Weimar« (EJBW)

European Youth Education and Meeting Centre in Weimar

Markus Rebitschek

Jenaer Straße 2/4

D-99425 Weimar (Germany)

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### Legal notice

Photo: page 6 Steffen Walther & Jan Bernert

Cover: Harry Hörnlein (@harryharry\_kyou)

Weimar, January 2022