

First Steps

into

Changemaking

Discovering Purpose

Creating Social Change

20 - 25 July/
Slovenia

Why This Project?

Blah

Young people today face many challenges:

Blah

lack of meaningful dialogue,

increasing social polarisation,

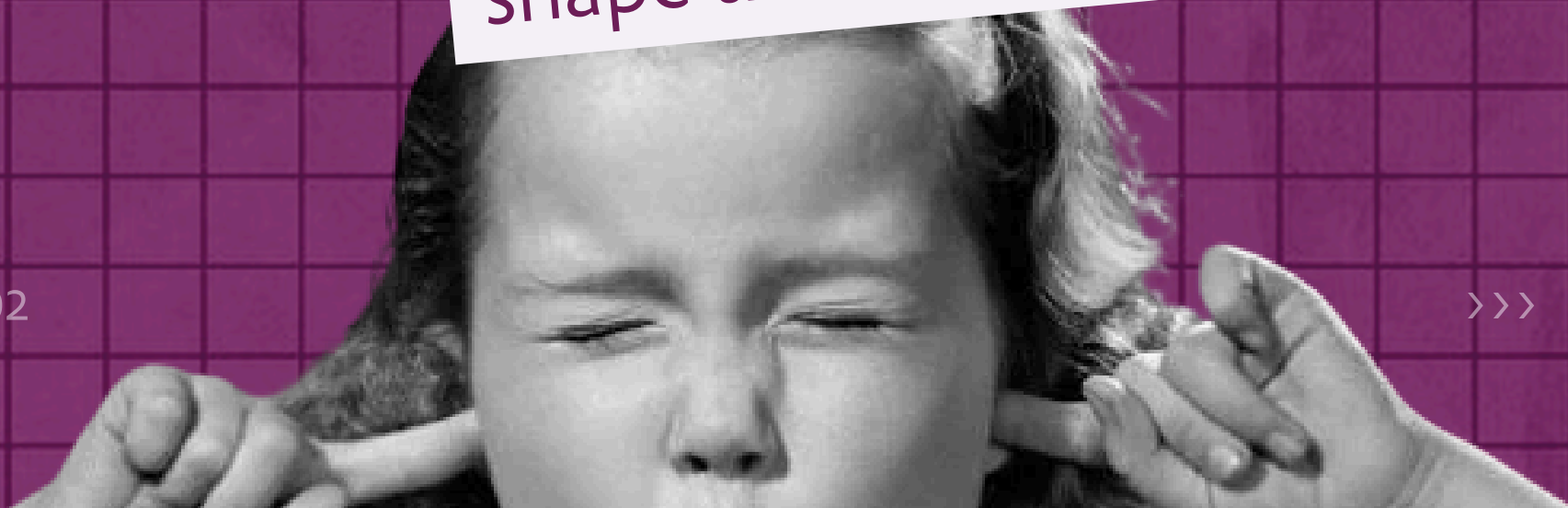
Blah

Blah

uncertainty about their role in society

toxic communication on social media

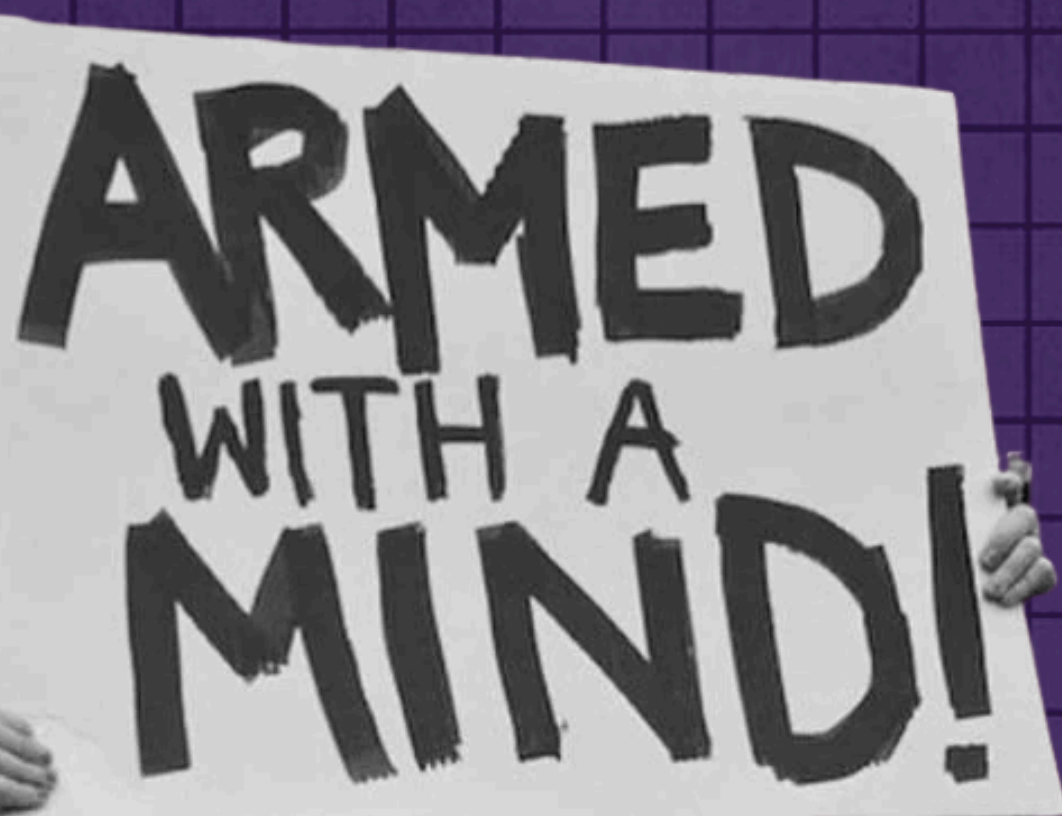
limited opportunities to actively shape their communities.



This Youth Exchange aims to help young people move from being passive observers...

...to becoming active contributors and leaders.

Designed as a **safe learning journey** where you can gradually gain confidence, skills and responsibility.



International

hghent students occupy university building in climate and Gaza protest

re than 200 expected to join protest calling for climate on and to cut ties with Israeli institutions Israel-Gaza war - live updates



ian students occupy Ghent University building in climate and Gaza protest - video

COMMENTARY
CHARLIE KIRK DIVIDED MY GENERATION. HIS DEATH IS MAKING IT WORSE

The conservative activist has shaped political opinions within Gen Z. I fear his assassination may push us past the brink

By ELI THOMPSON
SEPTEMBER 20, 2023



EU opens up funding to guarantee abortion rights across bloc

Women from countries with near-total bans on terminations will be given help to access services elsewhere



Polish women protest against their country's strict anti-abortion laws. Photograph: Anna Limonowicz/The Guardian
EU states will be able to tap into a social fund to help citizens access safe abortions, in an announcement hailed as a "victory for women".

youth exchange

Letters

A sad indictment that the young seek tradwife life

Baby boomer **Caroline Stone** is dismayed at the rise of tradwife influencers, whose advice was followed for a month by the Guardian's Lucy Knight



Students o
universitie
protest

Twenty-two instit
proposed month-l



A protester in Warsaw, Pol
Photograph: Anadolu Agency

Who is a **Changemaker**?

Someone who:

- notices challenges around them,
- believes positive change is possible,
- takes initiative,
- works together with others,
- creates solutions instead of only complaining about problems.

You do not need previous leadership experience
to be a Changemaker.

What Will We Do?

Workshops

Intercultural
Activities

*Outdoor and Team-
building Activities*

Youth-led Activities

Reflection and
Learning

Together, we will learn how to:

Understand Yourself Better



discover your strengths,
reflect on your values,
explore your identity and purpose.

Improve Communication Skills



practice active listening,
learn constructive communication,
understand different perspectives.

Develop Dialogue Skills



Engage respectfully with people who
think differently, overcome stereotypes
and social bubbles.

And how to:

Become More Active



gain confidence in taking initiative,
develop leadership competences,
explore your role as a Changemaker.

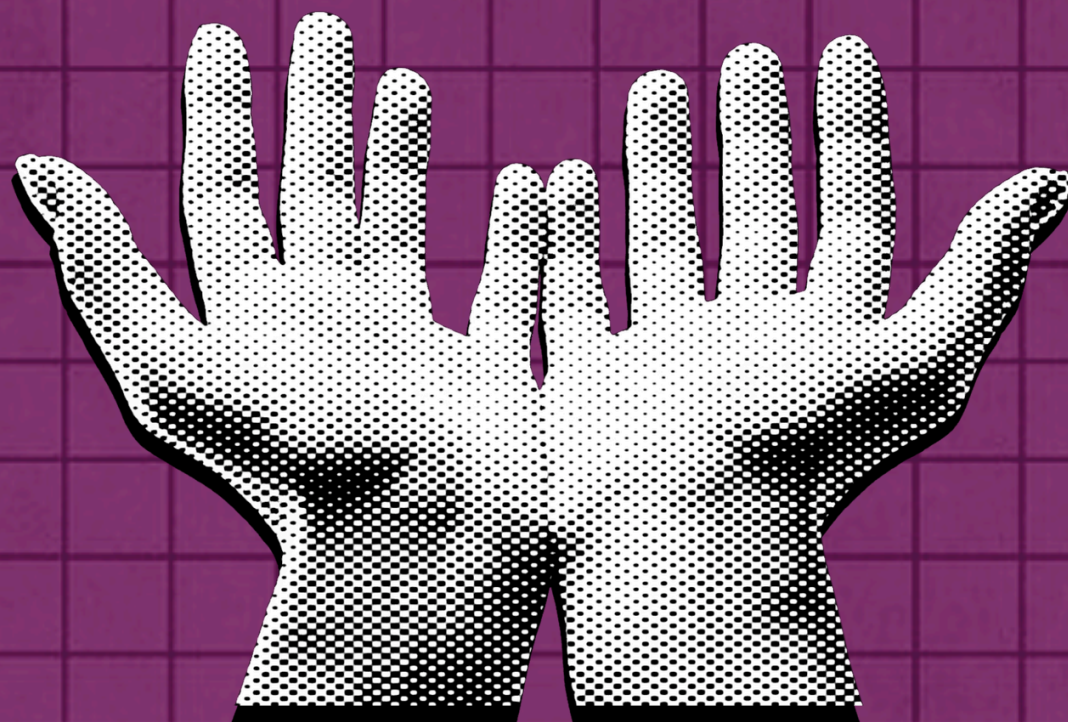
Strengthen European Citizenship



meet peers from different countries,
learn about European values,
experience intercultural learning and
cooperation.

**5 countries.
5 participants from each
organization.
1 goal ...**

*... to create an international
environment where we can
**learn, grow, and become
active initiators of social change.***



Practical Information

Venue

Rakovniška ulica 6,
Ljubljana, Slovenia

Accommodation

Three participants per
room.

Emergency Contact

Andreja:
andreja@socialna-akademija.si
Sanja:
sanja.obaha@gmail.com

[Online registration](#)

Reimbursement of travel expenses

Distance calculator
for organisations

Duration (excluding travel): 6 days

Start date: 20/07/2026
End date: 25/07/2026

[Online registration](#)

What to Bring?

Comfortable
clothes

Intercultural
Activities

*Traditional snacks for
intercultural evening*

Personal
medication

Reusable water
bottle

And positive energy and curiosity.

Participating organizations

Slovenia
Socialna akademija

Croatia
Wondernature

Portugal
Crescer Sem Risco

Romania
Zöld Nap Association

North Macedonia
Info Front – Prilep



Co-funded by
the European Union

**Sounds like
something you might
be interested in?**



**Apply with a link
below:**

Online registration