

from 7th to  
14th of July  
2022  
Celje, Slovenia

# TRAINING

Mobility for youth workers and educators

## MY STEP FORWARD

Dear participants!

We are pleased to invite you to participate in our project's main activity: mobility for youth workers. It will take part in Celje and will be planned according to the Coronavirus epidemiological situation.

We prepared an info pack which contains crucial information: schedule, accommodation information, how to get to Slovenia, and a short dictionary to get you ready for the travel.

We are looking forward to hosting you soon!










## ABOUT THE PROJECT

22 youth workers  
age: 20 - 45 years  
6 countries  
7 days together



With the project we want to support youth workers and educators to find answers to the following questions:

*How to support young people so that they can live life to the fullest?  
How can we support them on their path of discovery of personal mission and satisfaction?*

Main topics:

-  positioning personal mission on a career guidance map,
-  factors of growing up in World 4.0,
-  the dynamics of mission, vision, and decision making,
-  diverse methods to support youth on their path,
-  keeping inner motivation in long-term processes,
-  I as a mentor and companion of youth
-  digital world and mentoring process.




Participant profile:

-  Youth worker or educator who works in a non-formal setting with youth on regular basis,
-  age: between 20 and 45 years.

Each partner organisation has 3 to 4 participant's spaces.

# PROJECT PHASES

## 1. ONLINE PREPARATION

-  We are going to create a FB group, which will enable you to get to know each other.
-  Through tasks, you will research new methods, which you can use when supporting youth in digital space and build up vocabulary relevant for training.
-  You will have a space to propose your methods for open space. Selection priority will be given to those which are adapted/used to support the inclusion of young people with fewer opportunities.

## 2. TRAINING PHASE

### Trainers:

**Urška Česnik** (SI) is a psychologist by education. She has been working as a youth workers and mentor since 2012. She is a career counselor (certificate MUKS issued by Slovene Institute for Employment) and leader of Career counseling group for KROJ Network - youth network for career development.

Employed at TiPovej! Institute, where she works as a program coordinator and trainer (on local, national and international level) for projects such as: School for life - Brave. Creative. Entrepreneur; City Inkubator of Ljubljana (youth initiative mentorship program), Cities of Learning.



**Sabina Belc** (SI) has been active in youth work since 2008. She started as a scout leader. Currently she has been employed as a youth worker in Socialna akademija where she is responsible for project management, mentorship, and educational activities.

She had been part of the project team in strategic partnership MotivAction which had been focused on support systems for youth to find their path/mission in life.

In 2019, she was involved in training for mentors and responsible for mentorship programs.




<i>Draft programme</i>	
<b>DAY 1</b>	
PM	Arrival
<b>DAY 2</b>	
AM	Introduction Expectations
PM	Growing up in World 4.0 Biographical learning: when I was young Evening reflection
<b>DAY 3</b>	
AM	Mentoring process Listening as a tool
PM	My superpowers Youthpass as a tool for reflection Evening reflection
<b>DAY 4</b>	
AM	Beliefs: an obstacle in the process of decision making
PM	Identity and its role in career/life orineteering Evening reflection



DAY 5	
AM	Open space (sharing of good practices)
PM	Mentorship planning process Evening reflection
DAY 6	
AM	Toolbox How to support young people in the digital world?
PM	The hero's journey Closing reflection and evaluation
DAY 7	
AM	Departure

### 3. DISEMINATION PHASE

You will be invited:

-  to implement activity in your local environment as a follow up (it can be done using the methods in regular activities of the organization),
-  write a testimonial about the project,
-  share your experience and outcomes (on social media in local media etc.).

## ACCOMMODATION AND FOOD

Accommodation will be provided at Saint Joseph Home, Celje. It is located on a small hill near the old city center called Joseph Hill. This hill is marked by a baroque church, built by the residents of Celje as a gratitude gesture for the cessation of pestilence in 1681. The church soon became a popular pilgrimage point. This place has the option to host up to 200 people at the same time.

Participants will be accommodated in double rooms with a private bathroom. There are also meeting rooms, conference halls, a big dining room, and a spacious outdoor place. All the meals – breakfast, lunch, dinner, and 2 coffee breaks, will be provided at the location.

Address:  
[DOM SV. JOŽEF](#)  
Plečnikova ulica 29  
3000 Celje,  
Slovenia



Celje castle

## HOW TO GET THERE ?

We will start our program on 7th of July 2022 at 19:00 PM with dinner. Our program ends on 14 th of July 2022 after breakfast.

### TRANSPORT FROM NEARBY AIRPORTS TO CELJE

To plan trip from nearby airports to Ljubljana we recommend this pages: [Flixbus](#), [GoOpti](#) and [train](#).

### TRANSPORT FROM LJUBLJANA AIRPORT TO CELJE:

It is possible to take a [public bus or shuttles](#) to the central bus station.

### FROM CELJE MAIN TRAIN/BUS STATION TO MEETING POINT



Walking distance is around 1,2 km.



You can take city bus [Celebus](#) line number 5

One-time ticket purchased on a BUS costs 1€.



Bus stop:  
CELJE CESTA NA GRAD K!



## TRAVEL COSTS REIMBURSEMENT

We will reimburse you travel costs up to **the amounts in table below**. For you to claim travel reimbursement it is vital you **keep all invoices, receipts and boarding passes**, so as to prove you made the journey to and from your country.

You can claim travel expenses from the moment you leave home until you return home, as long as costs are genuine. If you lose any of your tickets, invoices, receipts, etc. it will not be possible for you to receive travel reimbursements.

**So please take great care of your receipts and invoices! :)**

Country:	Travel budget per person:
Slovenia	20€
Hungary	180€
Serbia	180€
Croatia	20€
Greece	275€
Romania	275€

# ABOUT SLOVENIA

Where the Alps meet the Mediterranean and the Pannonian Plain meets the Karst, there you find sLOVENIA.

With only 20,273 km<sup>2</sup>, this Central Europe country may be small, but still it has everything: 47 km of Adriatic Sea coast, beautiful lakes, rivers, caves, mountains and a stunning capital city – Ljubljana.



## Did you know?

One of filming locations for The Chronicles Of Narnia: Prince Caspian has been Soča Valley.

## Do you know these famous Slovenians?



Bear



Proteus Anguinus -  
"human fish"



Slavoj Žižek

## PRACTICAL INFORMATIONS

### Time Zone

Slovenia is in the Central European time zone (CEST).

### Currency

The Slovenian currency is Euro.

Exchanging foreign currency into Euros is possible at the bank and official currency exchange offices. You can also withdraw money on ATMs and simultaneous exchange it in Euros.

### Safety and health

Emergency numbers:

-> 112 – fire brigade, rescue/ambulance

-> 113 – police

If you have any allergies or take medication, please let us know if you need any support or help.

### Health insurance

If you live in an EU country and use a national health insurance system there, please apply for a FREE European Health Insurance Card: <http://ehic.europa.eu>. We will provide an accident insurance.

### How to call Slovenian number?

Dial **+386** (Slovenian country code) and phone number without first 0 (8 digits).



## LET'S LEARN SOME SLOVENIAN!

Dober dan	Good day
Živjo!	Hi! (informal)
Adijo!	Bye (informal)
Nasvidenje	Goodbye (formal)
Dobro jutro	Good morning
Dober večer	Good evening
Lahko noč	Good night
Dober tek!	Enjoy your meal!
Jaz sem ...	I am ...
Moje ime je.../Ime mi je...	My name is ...
Kako ti je ime?	What is your name?
Sem iz / Prihajam iz ...	I come from ...
Od kod prihajaš? /Od kje si?	Where are you from?
Hvala!/ Najlepša hvala!	Thank you!/ Thank you very much!
Oprosti!	Sorry! (singular-less formal)
Oprostite!	Sorry! (plural – more formal)
Kako si?	How are you?
Ne govorim slovensko.	I don't speak Slovene.
Ne razumem.	I don't understand.
Kje je ...?	Where is ...?
Zdravnik	A doctor
Bolnišnica	A hospital
Trgovina	A shop
Kaj je to?	What is this?
Koliko to stane?	How much does that cost?
Lačen sem/Lačna sem.	I am hungry (masculine/feminine).
Žejen sem/Žejna sem.	I am thirsty (masculine/feminine).
Ja	Yes
Ne	No
To je bil najboljši teden v mojem življenju!	That was the best week of my life!

## PARTNERS

Slovenia - Socialna akademija  
(<https://socialna-akademija.si/>)

Hungary – KatHáz Kozhasznu Nonprofit Kft.  
(<https://kathaz.hu/>)

Croatia – Youth Organisation Veles  
(<https://www.facebook.com/udrugamladihveles/>)

Greece – Inter Alia  
(<https://interaliaproject.com/>)

Serbia – RES POLIS  
(<http://www.respolis.org/>)

Romania – Uniunea Cercetasilor Maghiari din Romania – Romaniai Magyar Cserkeszszovetseg  
(<https://rmcssz.ro/>)

## CONTACT PERSON

**EVA GAJŠEK, logistic coordinator**

Mail: [eva@socialna-akademija.si](mailto:eva@socialna-akademija.si)

